

















# Mountain Bike Weekly Plan

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	 <p><b>Nice old Village:</b> Start:09.30 ca. 50 km ca. 1000 hm ca. 4-5 hours Price: <b>KAT. C, 20,-</b></p>	 <p><b>Long Way to the Top:</b> Start:09.30 ca. 80 km ca. 1400 hm ca. 6-7 hours Price: <b>KAT. D, 25,-</b></p>	 <p><b>Sunshine Reage:</b> Start:09.30 ca. 50 km ca. 600 hm ca. 4-5 hours Price: <b>KAT. C, 20,-</b></p>	 <p><b>Nice Paradise:</b> Start: 09.30 ca. 40 km ca. 800 hm ca. 4-5 hours Price: <b>KAT. C, 20,-</b></p>	 <p><b>Sweet Stairway to Heaven:</b> Start:09.30 ca. 50 km ca. 1000 hm ca. 5-6 hour Price: <b>KAT. D, 25,-</b></p>	
						
 <p><b>SUN &amp; FUN:</b> Start:17.00 ca. 25 km ca. 150 hm ca. 1-2 hours Price: <b>KAT. B / K, 15,-</b></p>			 <p><b>Easy Rider:</b> Start:17.00 ca. 25 km ca. 500 hm ca. 2 hours Price: <b>KAT. F, 15,-</b></p>		 <p><b>Easy Lady Starter:</b> Start:17.00 ca. 10 km ca. 50 hm ca. 1 hour Price: <b>KAT. A</b></p>	

**EXTRA: Biking-Tour-Ticket 4 tours of your own choice incl. Guide, Bike and Helmet 60,00 Euro**

PRICES:

**KAT. A:** Flisvos Guests free of charge / External Guests 5,00 Euro incl. Guide, Bike and Helmet

**KAT. B:** 15,00 Euro incl. Guide, Bike and Helmet / Sportpackage 10,00 Euro / Sun and Fun Pre booked

**KAT. C:** 20,00 Euro incl. Guide, Bike and Helmet / Sportpackage 15,00 Euro

**KAT. D:** 25,00 Euro incl. Guide, Bike and Helmet / Sportpackage 20,00 Euro

**KAT. E:** 30,00 Euro incl. Guide, Bike and Helmet / Sportpackage 25,00 Euro

**KAT. F:** 15,00 Euro incl. Guide, Bike and Helmet / Sportpackage 10,00 Euro

**K:** Kids from 10 years in attendance with an adult 5,00 Euro each Tour incl. Guide, Bike and Helmet



Nice Stop at Greek Mama Tavern

 for non trained Bikers

 for trained Bikers

 for expert Bikers only